# Cardiofellows Newsletter; *The First Six Months!*Manifest Scholarship at its Best

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# The Beginning

Our website, cardiofellow.com, was established approximately five years ago as a platform to post concise guideline information relevant to cardiology fellowship. Last year, and during a meeting of the curriculum committee, our cardiology fellows suggestive the establishment of a newsletter to be published online. The first thing that comes to mind when a newsletter is mentioned is a social forum of the fellows' social activities. schedules, and announcements, as is the case with many training programs' newsletters. Among the initial submissions to the newsletter, however, was an elegant journal review which could have otherwise been published in any reputable publication, with excellent scientific analysis and valuable appraisal of the findings. It was obvious following subsequent submissions that cardiofellows newsletter was shaping into a scientific platform of varying topics of interest to cardiology fellows and cardiologists in general.

Definition of newsletter according to the Merriam-Webster dictionary is: "a small publication (such as a leaflet or newspaper) containing news of interest chiefly to a special group." Therefore, presence of newsletter in the title may imply the brevity of a publication, delivering specific news (message or point), but does not negate the scientific nature and the robust review process of the publication.

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http://cardiofellows.com/newsletter-december-2018.html

### **Scientific Newsletters**

Pubmed included many journals over the years, some of which are obsolete, which contained newsletter in their titles. Some of these are listed below:

Newsl Am Acad Psychiatry Law

Newsl Macro Syst Inst Resour Dev Demogr Health Surv

Newsl Int Union Sci Study Popul

Newsl Womens Glob Netw Reprod Rights

Newsl Br Soc Hist Sci

Newsl Inter Afr Comm Tradit Pract Affect Health Women Child

Newsl Soc Anc Med

Newsl Am Acad Pediatr

Newsl Int Acad Periodontol

Newsl Med Sci Hist Soc

Newsl Ky Nurses Assoc

Newsl Int Coll Dent India Sect

Newsl Can Soc Hist Med

Newsl Wis League Nurs

Newsl Am Acad Implant Dent

Newsl Inst Interam Aff

Newsl Am Epilepsy Leag

# Cardiofellows Newsletter Progress

In the inaugural July 2018 issue, the first publication in cardiofellows newsletter was a crossword puzzle [1], followed by journal review [2], find a word puzzle [3] and another journal review [4]. The August issue started with a topic review of psychocardiology [5], followed by two journal reviews [6, 7]. The September issue started with a historical perspective on angioplasty [8], followed by two challenging images [9, 10]. The October issue had two

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challenging images [11, 12]. The November issue was dedicated to an excellent module teaching angiography views, and videos were incorporated for the first time [13]. The December issue has one topic review [14], in addition to this appraisal [15].

#### **Editorial Board**

As the complexity of the publications increased, it was necessary to appoint an editorial board for the different clinical content received and reviewed. The current editorial board is comprised of faculty, in addition to fellows who serve on the curriculum committee (all the authors on this paper). Editorial board membership is open and can be requested online. Issues with the newsletter are discussed among the editorial board members during the curriculum committee meetings and the program evaluation committee meetings, when necessary.

# **Future Direction**

Given the great success cardiofellows newsletter has seen in the first six months, efforts at archiving publications will be carried out during 2019. Inclusion in search engines will also be sought. Varied content will be encouraged, to include more educational modules pertinent to cardiology training. Submissions will also be encouraged from other departments and external sources, with stress on originality of work and adherence to copyright and HIPAA rules.

# **Credits**

With the mounting responsibilities of patient care and administrative duties experienced by our faculty and fellows, the establishment of a successful scholarly online work such as cardiofellows newsletter is an praiseworthy effort. I am personally grateful to all my cardiology fellows; special mention goes to Dr. Sarina Sachdev and Dr. Landai Nguyen, who are the current representatives on the curriculum committee, and who spearheaded this effort. I would also express my gratitude to all the faculty

who participate in this effort by either submissions, review or oversight.

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